Difference in Some Personality Traits and Social Anxiety Between Users and Non-Users of Social Networks in Among a Sample of Students of Faculty of Education, Minia University

Abstract

The study aimed to investigate the differences between users and and non-users of social networks in certain personality traits and dimensions of social anxiety among a sample of faculty of Education students. They were from literary and scientific sections (150 users and 150 non users of social networks). Their average age is (19,64) with a standard deviation of (1,69). The tools of the study were a preference questionnaire of using social networks, a personality traits scale, and social anxiety scale. The following findings were reached.: There were no statistically significant differences between means of scores of users and non users of social networks in personality traits, and the scale as a whole, There were no statistically significant differences between means of scores of users and non users of social networks in some physiological symptoms of anxiety as measured by social anxiety scale and scale as a whole in favour of non-users of social networks. There were also statistically significant differences between means of scores of users and non users of social networks in the dimension of inefficacy in social interactions and the dimension of fear from negative evaluations) favouring non-users of social networks. However, there were not statistically significant differences between means of scores of users and non users of social networks in avoiding others as one dimension of social anxiety. There were no statistically significant differences between means of scores of male and female users of social networks in certain dimensions of personality traits, However there were statistically significant differences between means of scores of

male and female users of social networks in openness to experience favouring male users. There were no statistically significant differences between means of scores of male and female users of social networks in all dimensions of social anxiety.